







Why do we do Life Matters in Year 7?

- Life Matters gives you knowledge skills and qualities you need to stay healthy and safe
- Life Matters helps you prepare for life in the real world
- Life Matters give you the ability to achieve your potential and be the best you can be
- Life matters helps you to thrive as individuals, members of a family and members of the wider communities that make up the UK today
- Life matters helps you deal with challenges you may come across in your life outside school
- Life Matters prepares you for the world or work
- Life Matters helps you develop your careers skills
- Life Matters equips you with skills to make informed decisions that will affect your future



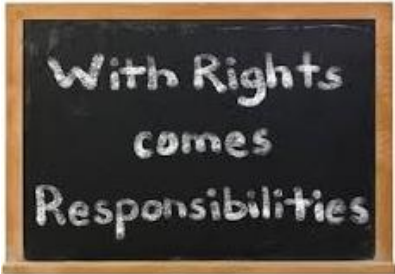



What will I be learning this year?

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Health & Wellbeing	Relationships	Living in the wider world	Health & Wellbeing	Relationships	Living in the wider world
<p>In this topic you will learn more about your new school as well as looking at road safety, diet and exercise.</p> 	 <p>In this topic you will learn about friendships and online safety as well as looking at the issues surrounding bullying.</p>	<p>In this topic you will learn about British Values and issues of extremism. As well as this you will get your first lessons on careers skills.</p> 	 <p>In this topic you will learn about the changes your body will go through as and when puberty hits! You will also research the dangers of smoking and alcohol abuse.</p>	<p>In this topic you will learn about the importance of self esteem in relationships as well as different types of family.</p>  	<p>In this topic you will complete more lessons about careers and you will learn about different aspects of money such as budgeting for a household.</p>

Why do we do Life Matters in Year 8?

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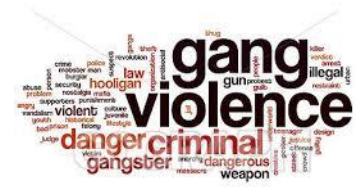





What will I be learning this year?

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Health & Wellbeing	Relationships	Living in the wider world	Health & Wellbeing	Relationships	Living in the wider world
<p>In this topic you will learn about first aid, road safety and issues to do with drugs.</p> 	 <p>In this topic you will learn about online safety as well as issues to do with bullying such as racist and religious bullying. You will also complete work on peer pressure and respect.</p>	<p>In this topic you will learn about your rights as a UK citizen as well as your responsibilities.</p> 	 <p>In this topic you will learn about body image and dealing with loss. You will also complete lessons about your pathway choices at the end of the year.</p>	<p>In this topic you will learn about healthy relationships and respect. You will also look at the dangers linked to underage drinking.</p> 	 <p>In this topic you will complete lessons about careers choices and you will learn about different aspects of handling money.</p>

Why do we do Life Matters in Year 9?

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What will I be learning this year?

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Health & Wellbeing	Relationships	Living in the wider world	Health & Wellbeing	Relationships	Living in the wider world
<p>In this topic you will learn more about drugs issues as well research into gangs. You will also look at what a healthy diet consists of.</p> 	 <p>In this topic you will learn about how to deal with conflict positively as well as looking into the issues surrounding homophobia and transphobia; also gender stereotyping.</p>	<p>In this topic you will learn about enterprise. You will also begin to look at the next step in your careers with the different GCSE options you will be able to take.</p> 	 <p>In this topic you will learn about the issues to do with child sexual exploitation, county lines drugs issues and links to peer pressure.</p>	<p>In this topic you will learn about sexual health issues including Sexually transmitted infections and contraception.</p> 	 <p>In this topic you will complete more lessons about careers and you will learn about different aspects of managing money.</p>

Why do we do Life Matters in Year 10?

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What will I be learning this year?

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Health & Wellbeing	Relationships	Living in the wider world	Health & Wellbeing	Relationships	Living in the wider world
<p>In this topic you will learn more about drug issues as well as looking at positive role models. You will also look at what work experience is and begin to decide if its something you want to pursue this year.</p> 	 <p>In this topic you will learn about sexual health issues including consent, forced marriage, respect and issues of pornography.</p>	<p>In this topic you will learn about how to make yourself employable.</p> 	 <p>In this topic you will revisit some first aid training and complete research into what good mental health is.</p> 	 <p>In this topic you will complete a project on fundraising and volunteering as well as researching into post 16 option choices.</p>	

Why do we do Life Matters in Year 11?

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What will I be learning this year?

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1
Health & Wellbeing	Relationships	Living in the wider world	Health & Wellbeing	Relationships
<p>In this topic you will revisit previous work on self esteem and learn how to cope with exam stress and mindfulness. You will also research into what types of revision work best for you.</p> 	 <p>In this topic you will learn about sexual health issues including grooming, marriage, parenting and domestic abuse. You will also complete research into how you are going to deal with life after your GCSE's.</p>	<p>In this topic you will learn about the issues linked to debt and gambling.</p> 	 <p>In this topic you will complete various lessons on healthy choices such as issues to do with plastic surgery, binge drinking and NHS screening e.g. smear tests.</p>	<p>This will be your final RSE topic and it will aim to revisit key aspects of RSE that you have completed at King Edward VI over the last 5 years!</p> 