

GET SET

A guide to revision for
students, parents and carers



Revision top tips



Be prepared

Be organised - make sure you plan your revision so that you give time to each subject and are revising the topics you know you need to and not necessarily the ones you want to! Before you start revising, you need a plan. **Visit Revision Central for advice.**



Break it down

Don't overwhelm yourself.

If you try to do too much at once you will quickly get fed up and it will put you off.

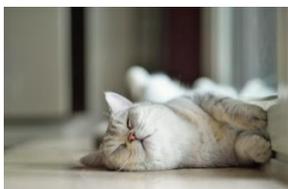
Do 20 minutes at a time and then take a break.



Practice, practice, practice

The only way for revision to be effective is to practice - and keep practising until you've got it. The best way is to Revise, Test, Check.

1. Revise the content first (in an active way of course),
2. test yourself to see how much you can remember
3. and then check your answers to see where your knowledge gaps are and what you need to work on.



Get some rest - look after yourself

The science is pretty obvious on this one - your brain has to be at its best to revise well.

Your brain and your body need a good night's sleep and plenty of water - both for revision and the exam.

The recommendation is around 1-2 litres of water a day and 8-10 hours of solid sleep a night to get the most from your brain and your body.

A healthy diet and plenty of exercise is also important.

Be kind to yourself, look after your mental wellbeing. **Watch our Mindfulness pods on Revision Central to find out more.**



Do it your way

We all learn in different ways and what technique works for one person won't necessarily work for the other.

Understanding how your brain works is essential to getting the most out of your revision.

Take a look at the Techniques section at Revision Central for a range of different revision strategies and pick the one that works for you.

Easter Revision sessions

The two-week Easter break, whilst a good time to get some well-earned rest, is also a crucial time to get a real handle on your GCSE exam revision. The exam season begins only a few weeks after our return.

Many teachers will have set you specific tasks to complete during the Easter holidays, however others are putting on specific sessions in school to support you with your revision.

Please check your emails to see how to register.

The sessions are as follows:

MONDAY 11 APRIL			
ICT Controlled Assessment	9.30am to 2.30pm	H5	Mr Dance and Ms Lawton
French	10.00am to 1.00pm	L2	Mrs d'Anterroches

TUESDAY 12 APRIL			
ICT Controlled Assessment	9.30am to 2.30pm	H5	Mr Dance and Ms Lawton

THURSDAY 14 APRIL			
Religious Studies	11.00am to 12.00pm	F3	Miss Tickell

THURSDAY 21 APRIL			
History	10.00am to 12.00pm	F6	Mr Lomas
Geography	12.30pm to 2.30pm	F3	Miss Tickell

Please make sure you bring your lunch with you if you are attending both of these sessions as the canteen will not be open and you will not be allowed off site during the day.

GET SET. GET REVISING. GET REVISION CENTRAL.

To support your revision and help you achieve the best in your exams, the school have launched their very own revision website, called Revision Central.

The website also has lots of exam tips, revision techniques and advice about looking after your wellbeing. So, if you are not sure where to start, what to do, or need some guidance, visit Revision Central and take advantage of its many resources to help you get the most out of your revision.



[REVISIONCENTRAL.ORG](https://www.revisioncentral.org)